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New Serenity Foundation to Improve Community Mental Health
Sponsoring IV Ketamine Treatments For Those In Need

CHICAGO, IL (October 2020) – Dr. Bal Nandra, Chief Medical Officer of [IV Solution Ketamine Centers of Chicago](#) is proud to launch. [Serenity Foundation](#), created to address a visible void in the field of mental health services. The mission of the Foundation is to improve the mental health of communities by sponsoring ketamine infusion based treatments for depression, PTSD, addiction, and other mental health illnesses. These services will be reserved for those with financial hardship that need an alternative or addition to conventional medications and treatments. Serenity Foundation will provide assistance to patients turning to an innovative class of medications to treat mental illness with a new level of effectiveness.

Ketamine's surprisingly high success rate and speed at which it was able to relieve major depression was reported twenty years ago at Yale University. Dozens of studies have duplicated those findings, and ketamine administered intravenously via infusion is 70-75% effective for relieving the most difficult mental health cases. The relief that ketamine provides patients can be seen in just hours or days and last for weeks to months. This rapidly shifts the lives of many of those suffering in an amazingly short time. To assure safety for patients, Ketamine has been longitudinally studied for years and proves to have minimal to no side effects.

The Serenity Foundation and its Board believe that ketamine treatments are an impactful service that should not discriminate based on a patient's financial situation. The Foundation helps address glaring inequality and lack of access because intravenous ketamine has not yet been FDA approved for mental illnesses, making clinics that can offer these services only able to receive out of pocket and cash payments. The lack of coverage from health insurance makes their services inaccessible to many who would benefit greatly.

Psychiatric services are integral to the health of our society and Serenity is needed now more than ever to finally provide a novel and effective treatment to those in need. The Serenity Foundation will be able to achieve their mission with the support of donor funds from philanthropic, mental health, and wellness advocates and organizations.

For more information about Serenity Foundation and how to pursue services or become a donor, visit www.serenityfoundationusa.com. For more information about IV Solution Ketamine Centers of Chicago, please visit www.chicagoivsolution.com

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