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~Photography Available~

**IV SOLUTION KETAMINE CENTERS OF CHICAGO OFFERS
BREAKTHROUGH TREATMENT FOR POST TRAUMATIC STRESS DISORDER**
Chicago pioneer brings revolutionary treatment to PTSD sufferers, opening doors to recovery

CHICAGO, IL (JUNE 2019) – Working with trauma therapists and leading trauma Clinical Psychologists, [IV Solution Ketamine Centers of Chicago](http://www.chicagoIVsolution.com) (712 North Dearborn Street) is now offering a combination treatment protocol of ketamine and stellate-ganglion block (SGB) for the treatment of PTSD. Dr. Bal Nandra, Chief Medical Officer says “this approach as already seen success rates of over 90%. For men and women suffering from PTSD, it’s an absolute game changer when traditional therapies haven’t worked.”

The SGB is an anesthetic injection into a group of nerves in the neck that are called the stellate ganglion, that regulates our “fight-or-flight” response. It is thought that this system is constantly on and overfiring in PTSD. The procedure is done by a local anesthetic shot in the neck where these sympathetic nerves are related back to PTSD symptoms like high anxiety, nightmares and terrors, and hyperarousal. The treatment essentially “numbs” these effects of PTSD and a single injection can last from weeks to many months. “Comparing it to how our body would get numbed for a major surgery, SGB is essentially numbing the PTSD nerve pathways so someone suffering won’t feel the effects,” says Nandra.

The procedure has been used to treat chronic pain since 1925 and recent studies have demonstrated great promise as a successful intervention for PTSD. There are no known long-term side effects and the entire procedure and recovery takes about an hour. SGB is also very effective when treating women with post-menopausal hot flashes as well.

Currently, SGB is available at only 12 of the 172 Veteran’s Hospitals in the United States so veterans and other PTSD sufferers are relying on private clinics like IV Solution Ketamine Centers of Chicago for treatment. SGB is attracting national attention as well, with [60 Minutes](#) profiling the treatment and life altering effects it’s had on veterans in June 16, 2019.

“We have just recently treated both veterans and civilians whose lives have been changed by this treatment,” says Dr. Nandra “Alternative therapies like ketamine and SGB are key in the quest to destigmatize mental illness and we are working hard to help get the word out to all those affected.”

ABOUT IV SOLUTION KETAMINE CENTERS OF CHICAGO

IV Solution Ketamine Centers of Chicago, is the first private facility to offer clinically proven intravenous ketamine therapies for the treatment of depression, chronic pain, fibromyalgia, PTSD,

post-menopausal hot flashes and other ailments. They collaborate with patients and their primary care physician, specialist, or mental health professional to optimize treatment and ensure continuity of care.

Located at 712 North Dearborn Street in Downtown Chicago, the state-of-the-art medical facility in River North offers customized therapy in a private, confidential setting with anesthesiologists, registered nurses, and skilled staff onsite.

For more information, the public is invited to call 844-9-IV-MEDS (948-6337), or email info@ChicagoIVSolution.com.

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CLINICAL STUDIES

Ketamine has been shown to help rapidly reverse depression in a number of studies:

- <https://www.medpagetoday.com/psychiatry/depression/65255>
- [Antidepressant Efficacy of Ketamine in Treatment-Resistant Major Depression: A Two-Site Randomized Controlled Trial – Am J Psychiatry \(Oct 2013\)](#)
- [Rapid and Longer-Term Antidepressant Effects of Repeated Ketamine Infusions in Treatment-Resistant Major Depression – Biological Psychiatry \(Aug 2013\)](#)
- [Ketamine as a Novel Antidepressant: From Synapse to Behavior – Clinical Pharmacology & Therapeutics \(Dec 2011\)](#)
- [Serial infusions of low-dose ketamine for major depression – Journal of Psychopharmacology \(May 2013\)](#)<http://www.ncbi.nlm.nih.gov/pubmed/23428794>